



Bulletproof Matcha Latte

Ingredients

- 1 teaspoon matcha powder
- 1 tablespoon raw cacao butter
- 1 scoop MCT powder
- 1 scoop collagen protein powder
- 4 oz almond milk
- 6 oz water

Instructions

- Heat the water.
- Heat the almond milk.
- Use a hand immersion blender to mix water, almond milk, matcha, cacao butter and MCT powder.
- Add the collagen and blend again.
- Enjoy the frothy goodness!